

UPT Parks & Recreation Activity Guide

NEW OFFERINGS

Oct. 28th – Nov. 18th (Mondays)



Skyhawk Sports: Baseball Tots- 4:30pm

Step up to the plate with BaseballTots, ideal for kids aged 2 to 5. These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. BaseballTots fosters a love for baseball from the start! Parent participation is required for ages 2 to 3, fostering bonding and fun.

Oct. 29th – Nov. 26th (Tuesdays)



Mini Music Movers: Playtime- 9:30 & 10:30am

Come out and enjoy center playtime with Ms. Kendra. We will have a variety of options for exploration such as climbing mats, tunnel play, art and sensory play, stories and music. Playtime is an interactive time for adults and children to come out and play with a variety of activities for all types of interests. **No class on November 5th!**

Oct. 29th – Nov. 19th (Tuesdays)



Skyhawks Sports: Beginner Golf - 4:30pm

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided.

UPT Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com



COMMUNITY CENTER REGULAR HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

*Regular hours begin Sept. 6th

UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426

UPPER PROVIDENCE POLLING LOCATIONS

ALL MONTGOMERY COUNTY POLLS WILL BE OPEN FROM 7AM TO 8PM
NOVEMBER 5TH, 2024

MONT CLARE

UPT COMMUNITY CENTER
499 HOPWOOD ROAD COLLEGEVILLE, PA 19426

**AS A RESULT THE GYMNASIUM WILL BE CLOSED FROM
NOV. 4TH AT 6PM UNTIL NOV. 6TH AT 8AM.**

ALL CLASSES WILL BE DOWNSTAIRS AND OPEN GYM IS CANCELED.

MINGO - 1

VETERANS OF FOREIGN WAR POST 6341
730 S. FOURTH AVE.
ROYERSFORD, PA 19468

OAKS

UPT ADMINISTRATION BUILDING
1286 BLACK ROCK ROAD
PHOENIXVILLE, PA 19460



MINGO - 2

ROYERSFORD BAPTIST CHURCH
452 S. LEWIS ROAD
ROYERSFORD, PA 19468

TRAPPE

SPRING FORD MIDDLE SCHOOL
7TH GRADE CENTER
833 S. LEWIS ROAD
ROYERSFORD, PA 19468

Oct. 30th – Nov. 20th (Wednesdays)

C

\$

Skyhawk Sports: MultiSportTots (BaseballTots, SoccerTots, 1stDownTots) – 4:30pm

Give your little superstar an awesome first step into sports with MultiSportTots! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sport skills and child development. Parent participation required for ages 2-3.5 years.

Nov. 1st – Nov. 22nd (Fridays)

A

S

Futsal – 6pm

Cooler weather is bringing the return of Futsal to the Center. Please note, this is a pick up game style program. Staff will not provide instruction during this session. **Gym closes early on 11/29.**

Nov. 1st

Free Fall Fun with Skyhawks – 9:30am

C

Join us for Fall Fun at Black Rock Park on Friday, November 1st. Skyhawks coaches will be near the playground at Black Rock Park with games set up. Ages 2 to 12 are welcome. *Free T-shirt for first 25 registrants!* Registration encouraged ahead of time.

Nov. 2nd – 23rd (Saturdays)

C

\$

Skyhawk Sports: MultiSportTots (BaseballTots, SoccerTots, 1stDownTots) – 9:30am & 10:30am

Give your little superstar an awesome first step into sports with MultiSportTots! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sport skills and child development. Parent participation required for ages 2-3.5 years.

C

Children's Programs

A

Adults Programs

S

Senior Programs


\$

Programs have registration fees.

NOVEMBER

Nov. 4th – 25th (Mondays) S A
Hooks and Needles – 1pm

Come work on your own knitting and crocheting projects in a group setting! Meet new people and maybe learn some new techniques! This program is FREE for Community Center members!

Nov. 4th & 5th
The gymnasium will be CLOSED tonight at 6pm. We will not have any open gym or programs in the gymnasium during this time due to Elections.  All classes will be held downstairs in the Multipurpose Room. The gymnasium will reopen on Wednesday, Nov. 6th.

Nov. 6th – 27th (Wednesdays) S
Mahjong – 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

Nov. 6th A \$
Dance Fitness Pop Up – 6:15pm
If you are looking for a fun, upbeat fitness class look no further! Jeana will get you moving and grooving! The basic steps of cha cha and salsa will be used, along with some light weights. It is so fun you wont even feel like you are working out! No experience necessary. Free for members! Only \$5 for non members!

GEX Classes for November

- Enhanced Fitness - Mondays @10:15am
- Quick 30- Mondays/Thurs. @12:30pm
- Chair Yoga- Tuesdays @10:15am
- Qigong- Tuesdays @12:30pm
- Total Body Strength - Tuesdays @6pm
- Pilates - Tuesdays @7pm
- SS Stretch - Wednesdays @10:15am
- Pilates - Thursdays @9:30am
- SS Cardio- Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- Calisthenics Fundamentals - Thurs@6pm
- Zumba- Fridays @9:15am
- Strength & Stability - Fridays @10:15am

Beginner Golf at Anderson Farm Park Upper Providence

Ages 6 to 14
Tuesdays
October 29 to November 19
4:20pm to 5:20pm



UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426

FREE!



Join Skyhawks Sports at Black Rock Park for a **FREE** morning of fun and games. Look for the Skyhawk flags at the park. Free T-shirt to the first 25 registrations!

Friday, Nov. 1st 9:30-10:30am
Black Rock Park Ages 2 to 12

Register at uprovd.recdesk.com



SuperTots at Anderson Farm Park Upper Providence
SPORTS ACADEMY

BaseballTots **MultiSport**



Mondays October 28 to November 18
Ages 2 to 5 4:30pm to 5:10pm

Wednesdays October 30 to November 20
Ages 2 to 5 4:30pm to 5:10pm

Saturdays November 2 to November 23
Ages 2 to 3 9:30 to 10:10am
Ages 4 to 5 10:20 to 11:00am



November 2024 Open Gym & GEX Calendar

Nov. 7th – 21st (Thursdays)

C

\$

Basketball Skills and Drills – 5pm

Join Coach Dan for a 3 week basketball clinic! Fundamental skills all players need to take their game to the next level will be covered in this program. The lesson wraps up with fun, competitive games that will allow players to apply the skills they work on in class.

Nov. 7th – 21st (Thursdays)

C

A

Basketball Challenge: Kids vs Adults – 5:45pm

Join us for the match up of the year on the court – parents vs kids! Each week Coach will referee a fierce battle to see who will come out on top! The challenge will take place right after basketball lessons at 5:45–6:15pm. Register both yourself and your kids for this event. Register separately for the basketball lessons on Thursdays 5–5:45. This program will run for 3 weeks.

Nov. 12th – 26th (Tuesdays)

\$

A

Pickleball Lessons: Beginners – 11:30am

Interested in learning the game of Pickleball? We have lessons for **beginners** on Tuesdays from 11:30 to 12:30pm. Free for members.

Nov. 12th – 26th (Tuesdays)

\$

A

Pickleball Lessons: Intermediate – 12:30pm

This class is for those who have taken the beginner lessons with Harry & know the rules of pickleball. Harry will focus on specific techniques to help you improve your game. Registration is required. Join us for **Intermediate** Pickleball Lessons on Tuesdays from 12:30 to 1:30pm. Free for members!

C

Children's Programs

A

Adults Programs

S

Senior Programs

\$

Programs have registration fees.

Nov. 12th – 26th (Tuesdays)
Pickleball Lessons: Intermediate Plus – 1:30pm

\$ A

New offering!

Have you taken the Beginner & Intermediate Pickleball lessons, but still not ready to play on your own? If you said yes, then this is the place for you! Harry will focus on specific techniques to help you improve your game and you will be on your way to play on your own! Registration is required. Free for members!

Nov. 13th
Art for Kids: Holiday Card making – 6:30pm

C

Join us at the center and create your very own handmade holiday cards. These would be great to send to a loved one or friend during the upcoming holiday season.

Nov. 16th
Dance Story time – 9:30am

C

Join Ava for our Dance Story time. We'll read some stories, dance, and have fun together! This is geared towards children ages 3 to 6, but all ages are welcome.



Basketball Challenge: KIDS VS ADULTS

Who will win the bragging rights each week? Coach Dan will be refereeing a fierce battle between the KIDS and the ADULTs to see who will come out on top! This challenge will take place after Coach Dan's basketball clinic. Be sure to register both you & your child for this program.

Thursdays (11/7-11/21)
5:45-6:15pm
Free!
Register online:
upro.recdesk.com



Basketball Clinic Skills & Drills

Join us as we work on the fundamental skills all players need to take their game to the next level. Players will get to participate in fun, competitive games to test their new skills at the end of class. Stick around afterwards for an epic battle of KIDS VS. ADULTS!

Thursdays (11/7-11/21)
5-5:45pm (ages: 6-11)
\$15 per child
Register online:
upro.recdesk.com

UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426



Pictures with Santa

Join us at the UPT Firehouse for Pictures with Santa, crafts, and more!
Photos will be emailed to registrants before the end of the event.
We hope to see you on the 3rd!

ber 3rd
sidents: \$20 per family
sidents: \$25 per family

4:30-
Upper Pro
Township Fire
1315 Black Rock Road, Phoenixv

Arader Farm

WALKING LIGHT SHOW WONDERLAND

In Partnership with Upper Providence Parks & Rec

AraderFarm.com

746 S. Trappe Road | Collegeville, PA 19426

UPT

PARKS & RECREATION



November 2024
Programs & Events Calendar

Nov. 22nd



Thanksgiving Story time - 5pm

Join us as we read some Thanksgiving themed stories and a craft. Registration highly encouraged!

Nov. 28th

The UPT Community Center will be closed in observation of the holiday. Enjoy your day with family & friends.



Nov. 28th



Gobble Wobble 5k Walk & Run - 8am

Join us and our friends from the Spring Valley YMCA for our annual Gobble Wobble 5k Walk & Run. You must register on the Spring Valley YMCA's website ahead of the race on Thanksgiving morning. We hope to see you there as you jump start your holiday. Please visit the Spring Valley YMCA's website for more information about the course and the event.

Nov. 29th

The UPT Community Center will be operating on a shortened schedule today. We will be open from 8am to 2pm for those of you interested in burning off some Thanksgiving calories.



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.

Nov. 29th (Friday) C A S \$

Walking Wonderland Light Show at Arader Farm - 5:30pm

Join us at Arader Farm for opening night of the Walking Wonderland Light Show! The Park and Rec Dept. will be there with our friend Frosty the Snowman to kick off the holiday season & the light show. We encourage you to make a whole night of it by visiting the store, checking out the model train, and walking through the light show. Tickets for the light show are available for purchase on Arader Farm's website or at the store. We hope to see you there on the 29th! **Tickets are required to enter the light show and to see Frosty the Snowman.** Can't make it on the 29th? Look for more information in the near future on other nights that the Park and Rec Department will be at Arader Farm.

SAVE THE DATE! C A S \$

Pictures with Santa at the UPT Firehouse - 4:30pm

Join Santa at the UPT Firehouse for pictures, crafts, and more on **Tuesday, Dec. 3rd.** Pictures will be emailed to you before you leave the firehouse. We had a blast last year and we can't wait to do it again! Please note, the event will run from 4:30 to 7:30pm. It is an open house style so you can come & go as you please. **Pre-registration is required for this event.**

Handicap parking will be available at the Firehouse. All other parking will be across the street at Black Rock Park. We will have

Art for Kids: Holiday Card Making



Nov. 13th • 6:30-7:30pm • FREE • Age: 6-15
UPT Community Center



UPT COMMUNITY CENTER

RENTALS

Rentals at the Community Center will begin to increase with cooler weather & shorter days coming.

You can find schedule changes in the following places:

- Front Desk Staff (in person or phone)
- Signage in Center
- Social media pages
- Refer to our Open Gym Calendar

We will try our best to give you as much notice as possible to changes in the Open Gym schedule.