

UPT Parks & Recreation Activity Guide

MAY

May 1st-22nd (Mondays)

Stroller Strides-9am



Come join us for a walk around Anderson Farm Park. This is a great way to socialize with other families.

May 1st-22nd (Mondays)



Pickleball Clinic-11:30am

Come check out what Pickleball is all about! We will have a clinic during the day every Monday. Please pre-register as space is limited!

May 1st-22nd (Mondays)



Hooks and Needles-1pm

Come work on your own knitting, crocheting, and hand craft projects in a group setting! This program is FREE for Community Center members!

May 1st - May 22nd (Mondays)

Youth Volleyball - 5pm



Join Coach Laurie as she teaches the basics of Volleyball!

May 2nd - 23rd(Tuesdays)



Mini Music Movers - Music & Story - 9:15am and 10am

We will learn a variety of songs, explore instruments, and props through our time together! **NOTE TIME CHANGE IN 2ND CLASS OFFERING!**

May 2nd - 23rd(Tuesdays)



Mini Music Movers - Outdoors Exploration - 11am

Join us for this fun new class with Ms. Kendra! We will learn, play, and explore outdoors! Geared towards older 2 year olds through 6 year olds.

Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com

KIDS CORNER

TUESDAYS & WEDNESDAYS

TIME: 5:30 - 7:30PM
AGES: 2-10 YRS
CAREGIVERS MUST STAY IN THE CENTER.

Drop your kids off to play in Kids Corner while you workout or take a Fitness Class!

COMMUNITY CENTER REGULAR HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.

UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426



UPT PARKS & REC

Check out our new website!

uprov.recdesk.com



GEX Classes for May

- Stroller Strides- Mondays @9am
- Enhanced Fitness - Mondays @10:15am
- Chair Yoga- Tuesdays @10:15am
- Dance Your Bliss - Tuesdays @11am
- Total Body Strength - Tuesdays @6:30pm
- SS Stretch - Wednesdays @10:15am
- Mommy & Me Fit - Thursdays @9am
- SS Cardio- Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- Zumba - Fridays @9:15am

For more information about these classes visit
upperprovidencepa.myrec.com

May 3rd - 31st (Wednesdays)

S

Mahjong- 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

May 3rd - 31st (Wednesdays)

C

Gym Games - 5pm

We invite our friends to come play games with us. We will be playing games such as dodgeball, tag, and more! FREE for members!

May 5th - 19th (Fridays)

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Story Time - 10am

Join Montgomery County Norristown Public Library for Story Time at the UPT Community Center. NO Story time on May 26th.

May 12th

Art for Seniors- 11am

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This month we will be painting rocks to help start our community rock garden at the Center!

May 13th

Dance Story time- 9am

C

Join us for a story and some dances in the Silo of the Community Center to start your Saturday off right! Parents/Caregivers: This is NOT a drop off program.

May 16th ANNOUNCEMENT!

THE GYMNASIUM WILL BE CLOSED TODAY DUE TO ELECTIONS! Any classes held downstairs in the MPG room will still be held. Call Center for details.

May 18th

Nature Explorers: Seeds - 10am

C

Come explore the plant life cycle, take a hike search for spring blooms. Wear sturdy shoes for hiking. Registration required.



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May 18th

Wilderness Explorers Movie Night – 5:30pm



Join us at the Community Center for a fun filled night of dinner, a movie, and more. We will be providing Pizza, chips, and a juice box for dinner. See website for more details. Sorry Parents! This is just for kids! Pre-registration required!

May 19th

Art for Kids: Rock Painting – 5pm



Come paint rocks with us and help to start our Community Rock Garden at the Center.

May 20th

Shredding Event– 9am until noon

- Held at Black Rock Park – 1286 Black Rock Road
- Rain or Shine runs from 9am-Noon or until Shredding Truck is filled
- Drive up to truck, unload your bagged or boxed materials and exit the park
- Recommended donation is \$10 per box. All donations are greatly appreciated and help defray the cost of the event.

May 22nd

Book Club – 6:30pm



Join us for our book club meeting. This month we are reading and discussing: The Life We Bury by Allen Eskens.

May 23rd



Backyard Astronomy – 6:30pm

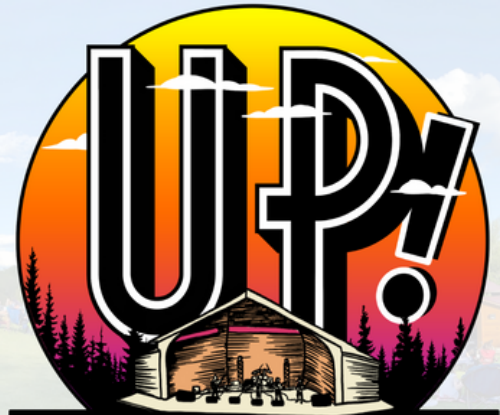
Join our friends from DVAA to learn the basics of astronomy & telescope types.

May 24th



Music in the Parks: Perkiomen Valley Jazz Band – 6pm

Join us for the return of our Music in the Parks series. We are kicking this year off with the Jazz Band from Perkiomen Valley School District. Don't forget a chair or blanket to enjoy the show at the Amphitheater!



MUSIC FEST 2023
— UPT PARKS & REC —

JUNE 3RD • SAVE THE DATE!
1-8:30PM AT ANDERSON FARM PARK



SUMMER CONCERT LINE-UP

MAY 24	Concert: Perkiomen Valley High School 6:00pm
MAY 25	Concert: Spring-Ford High School 5:30pm
JUNE 7	Audubon Orchestra 6:00pm
JUNE 14	Kids Concert: Two of a Kind 6:00pm
JULY 12	Concert: Smooth Riders 6:00pm
JULY 26	Kids Concert: Making Music Gilbertsville 6:00pm
AUG 9	Kids Dance Party: DJ Ben 6:00pm
AUG 23	Concert: Billy Joel Tribute 6:00pm



Children's Programs



Adults Programs



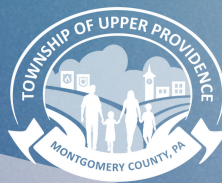
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May 25th



Music in the Parks: Spring Ford Area School District HS/MS Orchestra - 5:30pm

Join us for a night of music from Spring Ford's High School and Middle School Orchestras. Don't forget a chair or blanket to enjoy the show at the Amphitheater! The concert begins at 5:30pm.

May 27th



Skateboarding 101- 8:30am and 10am

Join us at a Skateboard Clinic at Black Rock Skate Park. Learn the basics of skateboarding with Mr. Mike. Visit the website to register today!

May 29th ANNOUNCEMENT!

Happy Memorial Day! UPT Community Center is CLOSED today. We will see you for regular business hours on Tuesday.

May 31st



Walk with a First Responder - 9am

This month, UPT Fire and Emergency Services will be walking around Anderson Farm Park. Come say hello!



UPT Second Annual

Benefits the UPT P&R Camp Fund

CAR SHOW

SUNDAY

JUNE 18, 2023

10:00A - 2:00P

RAIN OR SHINE

Pre-registration \$15
Day of Registration \$20
Sponsored Trophies
Live DJ

Food Truck
Indoor facilities
Trailer Parking
Ice Cream
Donuts/Coffee

LOCATION: 1286 BLACK ROCK ROAD, PHOENIXVILLE, PA 19460

For more info use QR Code or our website: www.uprov.recdesk.com



UPT will not be held responsible or liable, whether directly or indirectly, for any damages or loss caused or sustained by the attendees

SUMMER CAMPS

CAMP BLACK ROCK

Dates: Monday-Friday; 8am-4pm

June 19-August 4

NO CAMP JULY 3-7

Resident Registration: 2/27/2023

Non-Resident Registration: 4/3/2023

For more information, registration, and updates, please visit our website uprov.recdesk.com.

Any questions can be directed to our email, uptcamps@gmail.com.

SPECIALTY CAMPS

Bricks 4 Kidz: July 12 - 21; August 7 - 11

Jump Start: June 12 - 16; June 26 - 30

Mad Science: June 12 - 16; July 10 - 14; August 14-18

Skate The Foundry: July 24 - 28; August 14 - 18



Please note that **ALL** camp information, dates, and options are subject to change.



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